



## 'Share Your Stories'

### Gail's Update, No 5

February, 2023

*A New Year ahead -may it be healthy and happy!*

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Dear Friends,

Our next meeting will be on **Sunday, the 19<sup>th</sup> February** at our regular time.

We shall be having new readers and a host of interesting and delightful topics!

**UK: 18:00 Israel and S.A 20:00 New York 13:00 West Coast 10:00 Sydney: 5:00 am**

#### **The Zoom Link:**

<https://us02web.zoom.us/j/81104050877?pwd=YTIJTE13S2RUTC9oWEdXWVBncldWZz09>

Our last meeting at the end of January was a poignant one. We remembered Tony Fagin who passed away suddenly in December. Tony's friends from all over, were present and through their reading of "Vredfort", written by him, as well as relating to the person behind the story, we devoted the entire session to him.

It was a touching meeting from all your responses. A huge "Thanks" to all who participated.

Some exciting news is that very soon, we shall be expanding the CHOL Website to include a section on **Memoirs**, written by South Africans all over, as well as links to **Blogs** many of you have written on the various websites in use!

In this way, we shall extend our depository of history, narratives, in a digital format. A super and most welcome development in our creative process!

It's really super to receive so many stories from many of you as well as new members. We shall be loading them onto the Website soon!

To end with, I'd like to add a passage written by Richelle Shemtov, one of our members who lost her beloved partner, Sahib, in Israel a few months ago.

#### **Writing for Healing**

*I speak here to all who have recently lost a loved one – a parent or grandparent, a sibling, a friend, most of all a close and loved partner. (I dare not speak of those who have lost a child, for the pain here is even too great to be imagined). And even they, for whom the loss has long gone, already become a memory, will remember the pain of grief.*

*We all recognize that time does heal and indeed it does and must, as almost all people, sooner or later, will have to experience such grief which they overcome in time. Life must move on.*

*However, how does one manage while waiting for "time"? I have found my way.*

*I write –this is the magic healer which brings untold relief to my troubled soul.*

If any of you would like to present an idea, please write and tell me!  
Take care, dear friends; keep on writing and sharing.

Warm Wishes,

Gail